

CLINICIAN PROFILE



Kristen Pitts, BS, MS
Licensed Physical Therapist

Kristen is an experienced physical therapist dedicated to work only in pain management.

A graduate of UC Santa Barbara with High Honors, Kristen received her Master of Science degree in PT from the University of the Pacific.

Since 1996 Kristen has become well known for her pain management expertise, having developed and worked closely with patients and physicians at Hoag Hospital's Pain Program in Newport Beach. She joined PainCare in 2003.

She is a frequent invited speaker at local and national conferences. Her extensive credentials include certificates in fibromyalgia treatment, myofascial release and Pilates.

Kristen, her husband Mike and their two children enjoy the outdoors. They spend much of their spare time hiking, mountain biking, kayaking and skiing. Kristen has also competed in half-marathons and triathlons.